#include <iostream>

#include<string>

#include<iomanip>

using namespace std;

int main() {

//declare variables

double temp;

string name;

//Welcome user and give instructions

cout << "Hello! Get ready to use the iFitness app.\n"

<< "This application will recommend activities dependant on your surrounding's temperature\n"

<< "Recommended activity is capitalized in the statement you'll recieve after you input the temperature\n";

cout << "To get started, please input your first name:";

getline(cin, name);

cout << "\nOkay " << name << " let's GO!\n\n";

//Ask user for input

cout << "Please input the current temperature in degrees Farenheit:";

cin >> temp;

cout << "\n";

//if statements

if (temp > 85) {

cout << name << ", this weather is perfect for a SWIM.\n\n";

}

else if (temp > 70 && temp <= 85) {

cout << "Looks like a good day to play TENNIS " << name << ".\n\n";

}

else if (temp > 32 && temp <= 70) {

cout << "Time to get ready, you're good to GOLF " << name << ".\n\n";

}

else if (temp > 0 && temp <= 32) {

cout << name << ", SKIING would be the best activity for this weather.\n\n";

}

else {

cout << "Get your muscles moving and DANCE " << name << ".\n\n";

}

return 0;

}